



Eden Local Agenda 21 Cumbria Green Build Fortnight 2007

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Lakeland Gold, Dalefoot Composts Ltd.

Dalefoot Farm, Heltondale, Penrith

The Cumbria Green Build visit to Dalefoot Farm involved a tour and talk by Simon Bland & Jane Barker of the award winning business Dalefoot Composts Ltd.

Their product 'Lakeland Gold' is a well-balanced peat free soil conditioner full of rich organic material. It is produced by blending bracken from the fells with farmyard manure. This is left to 'cure' to produce a good source of potash with a wide range of naturally occurring trace elements. It can be used as a top dressing and mulch when planting out trees, shrubs and perennials in vegetable and flower beds, as well as on lawns.

It is particularly useful in balancing ph in soils.

Lakeland Gold is available to purchase locally or by mail order.

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Bracken